



HOUSE FALL 2017 COACHES INFORMATION PACK orchardparksoccer.org

KEY CONTACTS

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Coaching Manuals: orchardparksoccer.org/coaching-curriculum (PRIVATE PAGE)

FORMATS

A number of years ago the board decided to follow, where possible, the recommendations by US soccer regarding field sizes, goal sizes, game formats etc. This is to ensure that our participants get the maximum number of touches on the ball for that particular age group. For our younger kids that is our #1 goal!

Dependent on the number of registrations and kids/team we recommend:

AGE GROUP	GOAL SIZE [in feet]	FIELD SIZE [in yards]	BALL SIZE	MATCH FORMAT	MATCH DURATION
K/1	4' x 10'	20 x 30	3	3 VS. 3 No goalie	4 x 10
2/3	4' x 10'	20 x 30	4	4 vs. 4 Plus goalie	4 x 12
4/5	6.5' x 18'	40 x 60	4	7 vs. 7 Plus goalie	2 x 25
6/7/8	7'X21'	50X80	5	8 vs. 8 Plus goalie	2 x 30

LOCATIONS OF FIELDS (see maps)

EVERYBODY WILL PLAY AND PRACTICE AT THE MILESTRIP COMPLEX THIS FALL SEASON (6909 MILESTRIP ROAD)

K/1st grade you will need to move your goals into position when you arrive at games/practices. **If you are practicing on Micro fields 5 or 6 you will also need to move your goals off.**

2nd/3rd grade MUST move your micro goals off to the side of the full sized fields at the end of practice/games so that these fields can be played on and mown in between sessions.

Grade	Saturday Games	Weds Practice Time
K-1st	11:00 - noon	5:30 - 6:15pm
2nd-3rd	12:30 - 1:45pm	6:15 - 7:00pm
4th-5th	12:30 - 2:00pm	5:30 - 6:15pm
6th-8th	10:30 - noon	6:15 - 7:00pm

The final match of the season (Saturday October 28th) will be held at Sahlens indoor complex and will include a pizza party. Please note that the game times may alter slightly based on field availability. We will try and confirm these times as early as possible.

TEAMNET

Our registration system automatically enrolls you and rosters your team on an app called TeamNet which is linked to the system. Once your team is rostered you and your team will automatically be sent an invitation to join. We did not find this app very useful last season but you can send your team messages if necessary and you can encourage your parents to upload a photo of their child onto the app to help you learn who all the kids are!

For the full guide on how to use this system go to <https://www.teamnet.org/support> and click on **TeamNet User Guide.**

ROSTERS

Rosters will be published one week prior to the season beginning. I will send your rosters to you 24hrs before publication. If I do not hear back from you I will assume we can go ahead and send out to parents.

In addition to the information you receive on TeamNet you will also receive a PDF of all the kids rostered onto your team including the following information which should be kept confidential:

- Name
- DOB

- # years played
- Submitters name and contact details
- Additional emergency name and contact details
- Jersey size (available first practice or before first game)
- socks (if ordered collect from concession stand)
- School
- Medical concerns (if any)

SIBLINGS - please do not allow any siblings to join in the games or practices. They are not insured! This is very important.

COACHES BAGS

Will be ready for collection at first practice. They contain the following:

- Balls
- Pinnies
- Cones
- Clipboard
- NO WHISTLES PLEASE

First aid kit & Ice Packs can be found at the concession stand

Please let Jessica know if you have a bag from the previous season and if you misplace any equipment during the season and we will try our best to replace it for you.

WEEKLY EMAILS

Dave will be sending you all weekly emails reminding you of you lessons plans and goals of the week. You may respond directly to Dave with any questions.

Parents will also be receiving an email explaining (in broad strokes) what to expect of both the practice and game days for the week.

HEAD COACH REFUNDS

Terms and conditions of full refund are as follows:

- Only one coach per team will be eligible for the refund
- Only the fee from one child per family will be refunded
- The head coach must attend at least one Volunteer Parent Coach training session, regardless of previous experience
- The head coach must be present at all team practices and matches (or find a suitable replacement on no more than 2 occasions per session)

You may choose to Co-Coach a team and split the refund.

WHAT PARENTS NEED TO KNOW!

We have and will continue sending all the parents a "what you need to know email" containing the following information. Please help us verbally convey the information as the season progresses:

CONCESSION STAND

Similarly to last year we will be asking each team to provide one volunteer parent to assist at the concession stand during the "Rush" after games and practices. Time frame will only be about 25 minutes beginning 10 minutes before the end of your game/practice until the masses have been served! You will be provided with the schedule once we have rostered all of the teams - probably 1 x per team the entire session.

We will also be offering the 50¢ concession stand ticket to each player at practice BUT it will be color coded for use at the end of that particular session ONLY. Tickets cannot be "hoarded" over numerous days and there is a maximum of one ticket per child. Don't worry - we offer quite a few things for 50¢

WEATHER

We play and practice rain or shine! The only two exceptions are:

- 1) In the event of thunder and lightening - plays ends and may only resume 1/2hr later. If it is deep into 1st half or later you may want to call it
- 2) If the field manager deems the field too wet and likely to cause prolonged damage.

In these instance, the club will send out a broadcast SMS and email to those teams affected.

Rescheduling games if excessive rain : *Unfortunately in 2011, we experienced excessive rain, which caused us to cancel games. Complaints were received stating "just let the kids play". We fully respect everyone's opinion, however it needs to be known damage from one week can ruin the fields for an entire season, taking two or more seasons for conditions to be restored. With this said, we do reserve the right to change the schedule based on the weather forecast. A week night may be slipped in once to guarantee the kids get 7 weeks, and also slip in a make-up game during the week. Coordination is key and we will keep you posted if these actions need to be taken. Our total focus is for your children to have a wonderful experience.*

TRASH / LOST & FOUND

We humbly ask that you use the trash receptacles provided and remind the kids to respect the club bathrooms - we are the cleaning crew!

Lost and Found is located next to the concession stand windows which is open for access during the sessions for both deposit and retrieval.

COACH/PLAYER REQUESTS

Please note that we have instigated a new no requests policy as follows:

Due to the high amount of requests we receive for players to be on the same team and in an effort to make teams as even as possible, players may not request to be on the same team as another player or particular coach.

K-3rd grade: As everyone plays in one common location, requests to play with friends/cousins or for carpooling reasons cannot be honored.

EXCEPTIONS

Siblings may request to be on the same team IF they fall within the same age group. They must be registered and paid through the same account.

Coaches will also get to coach their own child(ren) along with ONE other player request. If you are interested in your child being on the same team as another child, please sign up to coach when you register your child.

Carpooling for 4th-8th grade teams who may play at different locations.

Please ensure that your parents know they will NOT be able to request you as coach in the future.

The purpose of this new rule (which is already policy at a number of clubs) is to ensure that all of the teams have an equitable experience and some are not "killing" others. This inevitably happens if large numbers of kids continuously remain together over a number of seasons. The House Soccer program is designed to encourage new players to come into the game and learn about it in a friendly non-competitive environment. Please help us start to manage the parents expectations and be our advocates in this matter - we truly appreciate it.

PLAYER/SPECTATOR BEHAVIOR

At the back of your manual is our player release information and code of conduct as outlined by the American Youth Soccer Organization. Please talk to the kids about what we expect of them.